



THE ALOYSIUS E-Magazine

Email : info@staloyusipuc.in, staloyusipuc@gmail.com

Editor - Ms Shanthi O E D'Silva

Design & Moments Captured by - Mr Praveen Kumar N

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"The average person now spends more time each day on their phone and computer than they do sleeping."

Principal's Message

Social media immensely influences everyone's life especially of youth as they use the social media to stay connected with friends and families. A few decades ago, people would wake up and read the newspaper to know what's happening around them. However, nowadays they check their phones to see what they have missed out. People are becoming more and more reliant on the social media than earlier times.

The emergence of social media has created a new avenue for facilitating daily information and communication needs. Social networks have become the central facilitator for daily communication with peers, family and acquaintances.

We can't deny the fact that social media has not only become a part of our lives but our lives seem to revolve around it. Very few people can resist the temptation of checking for their messages and status updates every two minutes. The rapid-fire quick communication style that captivates the millennials and other generation has shifted our conversations from 'face-to-face' instances to 'through -the-screen' ones.



The use of social media has both negative and positive impacts on our youths today.

The positive impacts of social media on the youth today include making them up date on the events happening around the globe and also enables them network and stay connected with their fellow youths and friends without physical meetings.

The negative impacts of social media on youth include reduction in the face-to-face interactions amongst the youths because they normally spend most of their time on online social platforms which might cause social isolation. Social isolation can cause a number of effects such as physical, emotional, mental and psychological issues in these youths. This can in turn lead to depression, anxiety and many other problems.

Spending long hours chatting in social media sites also decreases productivity amongst the youths. This in turn causes the youths not to be self-dependent and instead depend on their parents and families for upkeep.

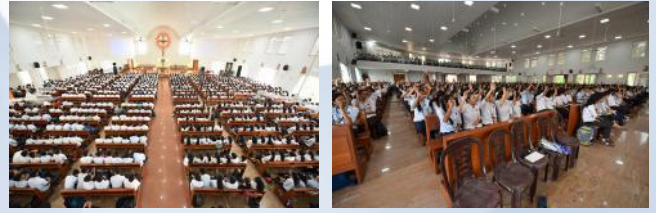
In conclusion, social networking has been proved to have both positive and negative effects on our youths. Although, using social media has many benefits in our lives, addiction to social media can have awful influences on grades, making us to live away from reality and have bad effects on health. In order to avoid being addicted to social media, young people should spend more time playing sports, studying and taking part in activities in colleges.

Individuals should decide whether to go on using the sites or stop or even moderate on their usage. Parents and teachers should guide and advise children on the usage of social media and warn them of its negative impacts when misused or overused. The education curriculum also should be revised to include social media studies in its disciplines so as to alert students that they need to be careful in their social media usage.

Fr Melwin Mendonca SJ

01 Annual Retreat

The Catholic students were spiritually nourished through a retreat organised at Divine Mercy Chapel Jeppu on 04 & 05 July 2018. Around 1400 students attended the retreat enthusiastically and participated in praise and worship.



02 Orientation for Non Catholic

Orientation for non catholic students was conducted on 4 & 5th of July 2018. A total of 223 sessions were taken by 68 staff members on the topics like water conservation, wealth out of waste, Basics of Nutrition & exercise, be smart, say No to addiction, positive impact of meditation and prayer in life, yoga etc . All the students participated in these sessions with great zeal and interest.



03 Session on Fire and Emergency Services

Informative session was conducted on 05 July 2018 by District Fire officer Mr K T Mohammed Nawaz and his Team of Karnataka State Fire & Emergency Services about the actions to be taken in fire emergency.



The following students had participated in the Indian International Model United Nations (IIMUN) and have won the following accolades.

Udupi Chapter 2018- held at Sharadha Residential School, Udupi.

Student Name	Reg. No.	Prize Details
Letitia D'costa	18A3302	High Commendation
Vishnu Rao	17C1949	Special Mention
Yashtika Sharma	18A3380	Special Mention
Aishwarya Nair	18C2602	Special Mention
Sneha Dsouza	17C2041	Verbal Mention
Mehek Pinto	17C2426	Verbal Mention
Sasha D'souza	17A2824	Chair Person
Althaf Mohammed	17C2031	Vice-Chair Person

Coimbatore Chapter 2018 held at Yuvabharathi Public School, Coimbatore

Student Name	Register No	Accolades
Azaan Ibrahim	18C2005	Special Mention
Mohammed Suhaib	18C2031	Verbal Mention
Vishnu Rao	17C1949	Best Delegate
Joshuva Soj	18A3311	Verbal Mention
Sasha D'souza	17A2824	Chair of UN women

Mangalore Chapter 2018 held at Yenepoya School

Student Name	Reg. No.	Prize Details
Azaan Ibrahim	18C2005	Vice Chair
Mohammed Suhaib	18C2031	Chair Person
Vishnu Rao	17C1949	Best Delegate
Joshuva Soj	18A3311	Verbal Mention
Sasha D'souza	17A2824	Chair of UN women
Dhrouv sharma	18C2112	High commendation-UNSC
Letitia D'costa	18A3302	High commendation-UNSC
Naufil kalam	18C2128	High commendation- lok sabha
Sachin		Special mention- UNEP
Shoaib sheikh	18C2029	Chairperson- IP

Mumbai Championship Conference 2018 held at Mudisland, Mumbai

Student Name	Reg. No.
Sasha D'souza	17A2824
Letitia D'costa	18A3302

Talents Day more popularly known as “PULSE 2018” was an intellectual and cultural extravaganza which triggered the thought process of every student, making them eager to showcase their in-built talents. It was one of the best platforms for discovering the interests, creativity and energy level of our gifted students.

The Talent hunt encompassed 22 group events and 26 individual events and classwise competitions. In the weeks prior to the talents day, arrays of competitions were held as a part of Pulse 2018, which included dance competitions, thematic as well as classical forms; life skill competitions like jewelry making, hair styling, cooking without fire; intellectual competitions like debate, quiz, mock press, spell-bee, cover page designing, Business Dumb charades, Science related competitions like science rangoli, circuit designing, seminar presentation, computer programming and language based competitions like Sanskrit shloka recital, Kannada extempore and Hindi poetry writing.

On talents day competitions like face painting, live photography, wealth out of waste, model making competition and news bulletin were held. The variety entertainment competition was the star of the show.

Science	
I PUC	
Overall Champions	PCMB-3
1st Runners up	PCMC-11
2nd Runners up	SIB-16
II PUC	
Overall Champions	SIB-15
1st Runners up	PCME/Si-9
2nd Runners up	PCMB-1 & PCMC-10



Commerce & Arts	
I PUC	
Overall Champions	22 BSBA
1st Runners up	20 BEBA
2nd Runners up	33 HESPsy/ HsESPsy
II PUC	
Overall Champions	20 BSBA
1st Runners up	23 SEBA
2nd Runners up	22 SEBA



06 Manojna- Psychology Exhibition

Students of II PU 29th Batch attended an exhibition on Psychology at Roshni Nilaya, School of Social Work on 28th of July 2018 which emphasized on various dimensions of the subject from demonology to Para psychology. Various tests were administered to check the emotional and psychological levels of the students. Exhibition was followed by a mesmerizing play which showcased different mental illnesses such as, depression, eating disorders, hallucinations, OCD, etc

07 Traffic Awareness Programme

On 24 July 2018, a traffic awareness programme was conducted by the traffic police department of Mangalore. The session was graced by Mr.Amanulla, the Inspector of Traffic, West Police Station, Mangalore and Mr Jnanashekhar, Asst.Sub Inspector of Traffic, West Police Station and was presided over by the Principal Rev.Fr Melwin Mendonca SJ.



08 Hands-on workshop on Techniques in Biology

It was an enriching experience for 24 I PU students, who participated in the hands-on workshop on Techniques in Biology, organised by St Aloysius Degree College in association with DBT, Ministry of Science & Technology on 27th & 28th July 2018. It gave an insight to higher-end techniques like Gel electrophoresis, DNA fingerprinting etc.

09 Blessing and Inauguration of the Commerce Department 06 July 2018



10 Blessing and Inauguration of the Language Lab, Dean's office 06 July 2018



11 1st Class test

To evaluate the level of knowledge, learning and understanding of the students 1 class test was conducted from 16 to 19 July 2018.



12 D K Economics Lecturers' Workshop @ SAPUC



The Economics Workshop for the lecturers of Government and aided PU Colleges of Dakshina Kannada was held at SAPUC campus from 30 July 2018 to 05 August 2018. More than 65 staff from all over Dakshina Kannada attended this programme and enriched their knowledge.

13 Feast - St Ignatius of Loyola

The Feast of St Ignatius of Loyola, the founder of the Society of Jesus was celebrated with Eucharistic Celebration on 31st July 2018 at Loyola Hall. Rev. Fr Vincent Monteiro, Parish Priest of Bendore Parish, was the main celebrant. The Rector of the St Aloysius Institutions Rev. Fr Dionysius Vaz SJ along with the Jesuit family celebrated the Holy mass.



14 Exhibition- Home Science Department

Skillfully made artwork like Dream catchers, ingenious wall hangings , artistic bottle paintings, Paper weights, decorated bottles etc by the Home Science students of I PUC & II PUC were presented at the exhibition



15 The Annual General Meeting of Parents Teachers Association- I PU

Resource persons Dr Anandi Martis , former Professor ,St Ann's College of Education and Mrs Mamatha Bandy , Counsellor, Department of Psychiatry , K S Hegde Medical Academy addressed the parents at the PTA AGM meet. The formal programme was followed by the open house session where parents interacted with teachers and subject teachers and discussed the academic performance of the student



16 Interclass football tournament



Winners: I PU 5th Batch
Runners up: II PU 25 batch

Interclass Carom tournament



Winners: I PU 12th Batch
Runners up: I PU 6th batch

18 Silver at Milo International Karate Championship

Bhuvan M of II P U-PCME 8th Batch secured Silver medal in the 19th Milo International Karate Championship held on 30th June to 1st July at Kuala Lumpur Malaysia.

19 Air Rifles Shooting Competition

Likith N R of I P U-15th Batch has secured 2 Gold medals in the 10 mtrs Air Rifles Shooting Competition held at Sports Authority of India Shooting Range Bangaluru. And he is qualified for Pre Nationals.

20 JSKA National level Karate Championship

Gagan 18S1221 from I PU , PCMC 12th Batch has secured I Place in Kata & II Place in Kumite at the JSKA National level karate Championship held at Ananthpuram, Kerala



21 Science Elocution- Technospark 18, National Level Science Talent Hunt

Asher Elgin Rolls 17S15005 has secured I place and Aadon Titus 17S1556 has secured II place in Science Elocution- Technospark 18, National Level Science Talent Hunt held at Shree Devi Institute of Technology on 31/07/2018.



22 CONQUIZTADOR-The Annual School Quizzing Championship



PES University , Bengaluru conducted the regional round of CONQUIZTADOR-the annual school quizzing championship on 12th July,2018 at Town Hall, Mangalore .Sarwin Deon Chandran of II PU 14th batch (17S1591) and Alistair D'Souza of II PU 19th batch (17C1903) won third place.

CPT TOPPERS 2017-18

The following students have made us proud by clearing
the Common Proficiency Test -2018

Congratulations..!



MANDARA P SHETTY
16C1925



JEMIN R PATEL
16C2020



ASTON JOHNSIL MONTEIRO
16C2010



MUHAMMED JOUHER ALI
16C1975



UMAR S AHAMAD
16C2042



KEITH A MENDONCA
16C2001



JOSHUA P DSOUZA
16C1919



MUHAMMAD F KHADER
16C2028



FREDVIN J CRASTA
16C2016



RASHAMI PRIYA
16C2030



CLERISSA A D' SOUZA
16C2011



NIKHIL MASCARENHAS
16C2050

24 Seminars/ workshops

The members of the Commerce department attended a one day workshop on the new NCERT syllabus for II PU at Sri Chaithanya PU College Kottara Chowki on 09-07-2018 conducted by Dakshina Kannada Pre University Commerce Association. The following members attended the training programme: Mr Denzil Kiran Machado (HOD), Mrs Aleen Crasta , Ms Deepthi Rani, Mrs Anita Pinto, Mrs Chitra S, Mr Arwin D'Souza, Ms Dane Lobo, Mr Santhosh Kumar S, Ms Sheetal Dsouza, Ms Velita Lobo.

25 Workshop on Expressive Art Therapy

Mrs Sangeeta Maria Sequeira and Mr Sanjeeth Xavier Rodrigues participated in a workshop on Expressive Art Therapy organized by the Department of M Sc Counseling, School of Social Work, Roshni Nilaya, Mangalore.

26 Chemistry Department- In house Seminar

The staff members of Chemistry Department attended an inhouse training session by Prof.Richard Gonsalves,Vice Principal,LCRI block, St Aloysius College. The session focused on making the concepts in Chemistry interesting to the students.

27 Workshop on Expressive Art Therapy

Art – the art camp was organised by St Aloysius PU College in collaboration with Karavali Chitrakala Chavadi, on the occasion of the 450th birth anniversary celebration of St Aloysius Gonzaga, the Patron Saint of the Institution. Rector of SAC institutions Rev. Fr Dionysius Vaz SJ ,Mr Koti Prasad Alva - Director of Prasad Arts School and president of Karavali Chitrakala Chavadi, Finance Officer Rev. Fr John Lang Bosco SJ, and Mr. Ganesh Somayaji, Honorary President of the Chavadi graced the dais along with the convener of the art camp Mr John Chandran. The paintings created throughout the day by the 30 artists including 10 SAPUC student artists were based on different topics like patriotism, unity in diversity, feminism, equality, gist of rural life etc.

